



little soap school

Luxury day courses
in the heart of The Cotswolds

Surprise yourself
with your own
abilities!



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"My aim, quite simply
is to make pure natural
soap accessible
to everyone..."

Emma Heathcote-James
Creator - Little Soap Company



Emma's journey has gone from whipping up various concoctions on her Aga for family and friends to creating the eco-friendly Little Soap Company - the first organic soap to hit the supermarkets nationally, proudly supplying Waitrose, Booths, Boots, Tesco and Sainsburys. Retaining its roots however, their original artisan handmade bars are still made in the workshop and line the shelves of various local farm shops, garden centres and chic boutiques.

Passionate about reducing the amount of chemicals and synthetics people unwittingly rub into their skin, the Little Soap School wants to get the world back to basics – our skin is our biggest organ and we need to look after it. Just like eating own grown vegetables or baking your own bread and cakes there's something similarly satisfying about using soap, cosmetic and natural cleaning products you've made yourself, from scratch - knowing what's gone into them.

With prices starting from only £150 each (if you bring 3 friends) or just £275 for a one-on-one workshop day - you'll have great day, learn some brand new skills and make your life a little more natural. Please see our website for more details www.littlesoapcompany.co.uk

Emma x



Introduction to Cold Processed soap making.

Any skincare regime should start with soap - and the good news is, if you can follow a simple recipe to make a sponge cake, then, without a shadow of a doubt we can get you making your first batch of cold processed soap before lunch. It's that simple - and if you have an arty lean then all the better as soap making is often described as the blending of chemistry and art so only the sky becomes your limit in terms of the endless possibilities for creating recipes, textures, natural colours and blends....

Our soap workshop days have been described as "a luxurious hands-on course" and you'll go home with three or four 500g batches of your own concoctions as the Little workshop becomes yours for the whole day and the knowledge of how to make your own recipe cold processed soaps from any oils or fat hereon in.



Bespoke soap making.

We're so committed to ensuring that you get the most from your day we're happy to tailor the course to suit your needs, especially if you have a particular purpose or interest.

We've taught bee keepers how to utilize their own honey/beeswax, we've used milk from customers own goat/buffalo/dairy herds, avocado oil from a farm in Tanzania, a farm utilizing volcano ash and glacial water in Iceland, micro-breweries as well as hosting specialist days around both non fragranced for sensitive skins and indeed focusing on additives and infusions rather than using essential oils. For Little Soap School returnees, hungry for more we teach advanced peacock swirling amid other techniques!



Introduction to making natural cream & balms.

For those who want to add to their offerings we also offer a Cream and Balm day which follows exactly the same format and again, we can tailor the day to what you would like to learn.

With more and more of us questioning the ingredients used in many of the cosmetic products we buy, it seems that even those which promise to be 'natural' can contain hidden ingredients that you would rather not use on your skin. Learning to make your own creams and balms is both easy and fun.

There will be a thorough discussion on the use of preservatives and with your new found knowledge you will be in a position to make an informed decision about their use in your own products. Also you'll tailor make a cream to suit your own purposes with or without the use of preservatives too.

We'll give you the knowledge to formulate products for your own requirements, be it anything from a soothing foot cream to an ointment, a cleansing balm to moisturisers or a lip balm.



Creams & balms for mums-to-be & their families.

Finding cosmetics and skincare products that are both organic and safe to use on babies can be a minefield, and what better way to know the ingredients that have gone into products than to make them yourself?

Bring your partner, Mum or a girlfriend for a thoroughly chilled day out playing in the workshop.





Making your own cleaning products.

We all know about the use of toxic chemicals in commercial cleaning products having negative effects on both our personal health and the health of the environment. When it comes to cleaning your home, it's tempting to grab off-the-shelf products with toxic ingredients like bleach and ammonia. But you don't have to sacrifice health for a clean home. We'll show you how to make window and floor cleaner, mould spray, hoover powder and bathroom scrub amongst many other things! You'll go home armed with sprays and bottles and the know how to make your own products hereon in, saving you a fortune as well as giving your home some toxic free TLC!



Half Day - School Holiday "Bath Bomb Sessions".

Bath Bombs are a fun, pretty, yet simple-to-make product that people of all ages love to use. Learn how to blend essential oils, petals, glitter and other skin-softening properties for an extraordinary bathing experience! With no need for heat or boiling water these morning or afternoon workshops are perfect for children as an introduction into making their own cosmetics.

Everyone attending will make their own bath bombs to take home as well as learn the basic techniques that will allow them to progress and experiment on their own to perfect all manner of colourful and interesting creations as their experience and confidence grows. Perfect presents for friends and family.

Courses take place on set days in the school holidays. Please see the website for upcoming dates & to book.



Introduction to blending your own natural perfume products.

A natural perfume product doesn't have to be a traditional perfume or cologne: It can also be a perfume spritzer, a perfume oil or a solid perfume. In fact, traditional perfumes in ancient Pompeii in Italy were often called unguents.

Unguents were popular in ancient Egypt too and were often described as a healing salve, prepared for a particular purpose, such as for wounds. But there is no reason that a natural perfume can't be made for both healing and scent purpose.

Natural perfume products are growing in popularity. Although the art of natural perfumery is a learned art, you don't need to be a qualified or experienced perfumer to get started making your own natural products at home. With the use of plant extracts, in addition to essential oils, we'll teach you to make oils, solid traditional perfumes as well as room spritzers and more with just a few base products and our selection of essential oils.

Get In Touch!

For more information on all our
Little Soap courses in the
workshop simply visit us at:
www.littlesoapcompany.co.uk/courses
and to book your day, phone or email:
workshop@littlesoapcompany.co.uk

Bookings.

Our courses take place during the week, throughout the year - just call or email us with your ideal date and we'll go from there (please note, we do get booked up in advance so please allow plenty of notice!)

Course structure.

Taught in our stone Cotswold building, the entrance room is where we start the day before moving into the workshop at the front, overlooking the Upper High Street. We teach one-on-one, or small groups if you bring a friend or two.

The morning is spent quickly talking you through the theory and making demo batches, but we believe you learn by doing, so you're let loose after lunch to get your hands messy mixing your own batches which will hopefully ignite a new hobby making for yourself, family and friends and perhaps even start the rumblings of your own cottage industry (even that we can help you with).

Lunch is wherever takes your fancy with everything on offer in the village from a posh sit down meal to independent cafes or coffee shops, restaurants and pubs or a simple picnic take out from the deli to nibble on the village green and all just a few minutes walk from our workshop door.

Getting here & staying here.

Many people make a mini break out of their time with us. Broadway has something for everyone with the Cotswold Way crossing through the village, the Ashmolean and Gordon Russell Museums, Broadway Tower and Bunker and eateries galore! Accommodation wise there is everything from farmhouse B&Bs to restaurants with rooms to award-winning spas – see our website for inspiration!



The Workshop,
99, Upper High Street,
Broadway, Worcestershire WR12 7AL
England
Tel. **01386 853 025**

Email: workshop@littlesoapcompany.co.uk
www.littlesoapcompany.co.uk